

FY2014 CHNA&HIP Progress Report

Worth County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Reduce the use of tobacco in 11th graders from 30% to 27%. Reduce the use of alcohol in the school district from 21.6% to 19%. Increase substance use awareness from 91.2 to 93%. Increase violent / aggressive behavior avoidance from 86% to 89%.	Educate the youth on risky behaviors as long as funding is available.	Results from the 2014 IYS survey for 11th graders show that in the past 30 days: 12% have used alcohol; 7% have used tobacco; 4% have used marijuana; 1% have sniffed substances to get high; 5% have used Rx medications different than prescribed; 8% used Rx medications not prescribed for them; and 1% have used cocaine. When asked 19% disagree that violence is the worst way to solve problems. When asked 9% of students felt they were bullied at school in the past 30 days. These statistics show that we have a long way to go and to maintain the progress we have made so far. We continue to apply for and receive the Substance Abuse Grant and the Tobacco Grant. These grants allow us to go into the schools and deliver the Life Skills program and TNT to students. Students are educated on substance abuse, tobacco abuse, and skills to make healthy behavior choices. We also have adult and youth coalitions, assess businesses tobacco marketing and educate all. We did not receive the Love Our Kids grant for FY16 to provide bullying education in the schools. We will continue to look for grants to provide that important service. A health fair was held in the fall of 2014 at the school during parent teacher conferences. Several health booths were set up. We continue to seek grants to help us reach this goal.

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Decrease those who are getting no physical activity from 25.1% to 22%. Decrease obesity from 23.7% to 21%. Decrease those with fair to poor health from 14% to 12%.	Develop and implement exercise programs that will make it more convenient to get physical activity.	The 2015 county snapshot shows Worth County residents age 20 and over reporting no leisure-time physical activity at 28%. We continue to look for grants to assist us in developing programs to address this issue. The same report shows that 30% of adults report a BMI of 30 or more. We will continue to look for grants and ways to increase physical activity and reduce obesity in our county.
	Develop a social media outlet to get information to the public on the benefits of exercise and nutrition on their health.	We have a county website and Facebook, but not dedicated to public health. We need to look at a social media outlet to get educational information out to the public.

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People with chronic diseases will maintain a healthy lifestyle at their optimal level	Educate those with chronic diseases on how to live optimally with their disease.	Our strategies remain unchanged from FY14. We continue to receive funding from IDPH and Elderbridge to provide care and education to clients that do not have 3rd party insurance coverage. Many of these clients have chronic health conditions that need monitoring and constant education to improve their quality of life. We provide skilled nursing, personal cares, and light housekeeping. When possible, we use other funding sources to provide these services.
	Provide assistance to those with chronic disease to live in their homes safely as long as possible.	Our strategies remain unchanged since FY14. The same strategies apply here as above. Without these services, many of these clients would not be able to stay in their homes.
	Provide transportation to medical appointments as well as groceries, errands, and other activities.	Our strategies remain unchanged since FY14. Worth County Public Health runs the transit system in our county. We are able to schedule rides to medical as well as numerous other activities and appointments.